

Contact Information

The Pinnacle Senior Center
5525-C Hobby Road
Houston, Texas 77053
Phone: 832-471-2765

Business Hours:
Monday – Friday
7:30 AM – 4:30 PM

Aquatics Hours:
7:30 AM – 4:00 PM



Welcome

The Pinnacle Senior Center April 2026 Calendar.

This publication provides a comprehensive overview of all programs, services, workshops, and special events available to our valued patrons.

We remain committed to promoting wellness, education, civic engagement, and social connection for adults 50 and older.

What's Happening in April!

Join us for Tech Tuesday on **April 7 at 10:00 AM** in the Multipurpose Room (Comfort & Orientation).

On **April 21 (10:00–11:00 AM)**, Karina from the Area Agency on Aging will present Understanding Your Choices. Sign up with Angie for one-on-one Medicare assistance.

Enjoy Bingo with Constable Daryl L. Smith Sr. on **April 22 from 11:00 AM–12:00 PM**. Seating is limited.

Celebrate April birthdays on **April 29 (10:45–11:00 AM)** with music, dancing, and treats. See Angie if you missed your March certificate.

Fort Bend County Libraries (10:00–11:00 AM):

- Apr 2 – Online Safety
- Apr 6 – Book Club
- Apr 9 – Black-Out Poetry
- Apr 16 – Digital Declutter
- Apr 23 – Felt Bookmark
- Apr 30 – Digital Magazines

See flyers for details.

***** Swim Lessons with Tyler – What You Need to Know*****

Skill Levels:

- Level 1 (Beginner):
- No swimming skills needed.
- Max 6 participants
- Level 2 (Intermediate):
- Must be able to submerge head underwater and float on front and back.
- Max 8 participants
- Level 3 (Advanced):
- For those working on stroke techniques and endurance
- Max 8 participants

Important Reminders:

- Arrive 5 minutes early to prepare for class.
- Bring: Towel, goggles, and swim cap (if applicable)

To Sign up:

See the Aquatic Fitness Coordinator, Tyler Shannon

*******PARKING LOT SAFETY*******

A friendly reminder about new parking lot safety updates. These improvements help protect our patrons, visitors, and staff while reducing accidents. Please take note of the clearly marked pathways and traffic signs during your next visit.

For Drivers:

- Drive slowly (5 mph) and follow marked pathways
- Watch for pedestrians and other vehicles
- Use turn signals
- Avoid distractions
- Be mindful of blind spots

For Pedestrians:

- Stay alert and avoid distractions
- Use designated walkways
- Watch for vehicles, especially when backing out
- Look both ways before crossing
- Report any suspicious activity to staff

Thank you for your continued support.

Changing lives, one class at a time...

Always working within our power, potential, passion, and purpose! The Pinnacle Power Team (Gwendolyn, Angie, Tyler, Shanna, Dennis, and Ardelia)

APRIL 2026				
MON	TUE	WED	THU	FRI
		1	2	3
6	7	8	9	10
13	14	15	16	17
20	21	22	23	24
27	28	29	30	

Fort Bend County Parks & Recreations





Pinnacle Senior Center
 5525-Suite C, Hobby Road, Houston, Texas 77053. Business Number (832-471-2765)
 General Business Days & Hours: Monday-Fridays (7:30-4:30 PM)
 (Weight Room Hours- (7:30-4:15 PM) & (Aquatics hours(7:30-4:00 PM))

APRIL 2026				
MON	TUE	WED	THU	FRI
	7	1	2	3
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27		29	30	

THE PINNACLE SENIOR CENTER
PARKS & RECREATION





5525-C Hobby Road • Houston, Texas 77053
 Mon-Fri: 7:30am - 4:30pm • 832-471-2765

Aquatics Calendar Schedule
 AquaticsHoursMon-Fri7:30-4:00PM

April 2026 Calendar Schedule

Please make sure you sign in at the front desk daily! Participation in Pinnacle Programs requires a registration form and signed liability waiver.

Volunteer Fitness Coordinator Coach Dennis "Mac" McCalpin

For updates, ask about our monthly Email-Blast and Remind101 text reminders.

(AD)-Auditorium **(YR)**-Yoga Room Located in Aquatics Area. **(MP)** Multi-Purpose Room

Fitness Classes							
Beginner & Advanced Line Dance		GameDays & StepClasses		Strong&FitStrength Training	Zumba		
Boot-Camp-Chair-Men-& Move Fitness		Pilates & Yoga		WalkVideo Session	Occasionally InformationalClasses		
MON-2	MON-1	THU-2	Friday-3				
	8-845 -Walk-Video 8-845-Step YR 9-945-Fit & Strong 950-1050 Line Dance 11-1145- Move-Fit 12-1245 -Men-Fit 1-145-Step	8-845 -Walk-Video 8-845-Step YR 9-945-Fit & Strong 950-1050 Line Dance 11-1145- Move-Fit 12-1245 -Men-Fit 1-145-Step	8-845-Walk-Video 9-945-Strength 10-1045-Pilates 11-1145-Chair-Fit 1150-1225 Boot-Camp 1230-125-Yoga 130-3PM Game-Day-Coach	8-845-Walk-Video 9-945-Strength 10-1045-Pilates 11-1145-Chair-Fit 1150-1225 Boot-Camp 1230-125-Yoga 130-3PM Game-Day-Coach	Pinnacle Senior Center Closed For Good Friday		
MON-6	TUE-7	WED-8	THU-9	FRI-10			
8-845-Walk-Video- 8-845-Step YR 9-945-Fit & Strong 950-1050-Line-Dance 11-1145- Move-Fit 12-1245 -Men-Fit 1-145-Step 3-4 Line Dance Sheila	8-845-Walk-Video 9-945-Strength 10-Zumba canceled until TBD 11-1145-Chair-Fit 1150-1225 Boot-Camp 1230-125-Yoga (1:30-2:30pmADunavailable)	8-845 -Walk-Video 8-845-Step YR 9-945-Fit & Strong 950-1050 Line Dance 11-1145- Move-Fit 12-1245 -Men-Fit 1-145-Step	8-845-Walk-Video 9-945-Strength 10-1045-Pilates 11-1145-Chair-Fit 1150-1225 Boot-Camp 1230-125-Yoga 130-3PM Game-Day-Coach	8-845 -Walk-Video 9-945-Fit & Strong 10-1045Zumba 11-1145-Move-Fit 12-1245-Men-Fit			
MON-13	TUE-14	WED-15	THU-16	FRI-17			
8-845-Walk-Video- 8-845-Step YR 9-945-Fit & Strong 950-1050-Line-Dance 11-1145- Move-Fit 12-1245 -Men-Fit 1-145-Step 3-4 Line Dance Sheila	8-845-Walk-Video 9-945-Strength Pinnacle Closed 10:00AM-12:00PM Houston Food Bank 1PM-3PM	8-845 -Walk-Video 8-845-Step YR 9-945-Fit & Strong 950-1050 Line Dance 11-1145- Move-Fit 12-1245 -Men-Fit 1-145-Step	8-845-Walk-Video 9-945-Strength 10-1045-Pilates 11-1145-Chair-Fit 1150-1225 Boot-Camp 1230-125-Yoga 130-3PM Game-Day-Coach	8-845 -Walk-Video 9-945-Fit & Strong 10-1045Zumba 11-1145-Move-Fit 12-1245-Men-Fit			
MON-20	TUE-21	WED-22	THU-23	FRI-24			
8-845-Walk-Video- 8-845-Step YR 9-945-Fit & Strong 950-1050-Line-Dance 11-1145- Move-Fit 12-1245 -Men-Fit 1-145-Step 3-4 Line Dance Sheila	8-845-Walk-Video 9-945-Strength 10-Zumba canceled until TBD 11-1145-Chair-Fit 1150-1225 Boot-Camp 1230-125-Yoga (1:30-2:30pmADunavailable)	8-845 -Walk-Video 8-845-Step YR 9-945-Fit & Strong 950-1050 Line Dance 11-1145- Move-Fit 12-1245 -Men-Fit 1-145-Step	8-845-Walk-Video 9-945-Strength 10-1045-Pilates 11-1145-Chair-Fit 1150-1225 Boot-Camp 1230-125-Yoga 130-3PM Game-Day-Coach	8-845 -Walk-Video 9-945-Fit & Strong 10-1045 Zumba 11-1145-Move-Fit 12-1245-Men-Fit			
MON-27	TUE-28	WED-29	THU-30				
8-845-Walk-Video- 8-845-Step YR 9-945-Fit & Strong 950-1050-Line-Dance 11-1145- Move-Fit 12-1245 -Men-Fit 1-145-Step 3-4 Line Dance Sheila	8-845-Walk-Video 9-945-Strength 10-Zumba canceled until TBD 11-1145-Chair-Fit 1150-1225 Boot-Camp 1230-125-Yoga (1:30-2:30pmADunavailable)	8-845 -Walk-Video 8-845-Step YR 9-945-Fit & Strong 950-1050 Line Dance 11-1145- Move-Fit 12-1245 -Men-Fit 1-145-Step	8-845-Walk-Video 9-945-Strength 10-1045-Pilates 11-1145-Chair-Fit 1150-1225 Boot-Camp 1230-125-Yoga 130-3PM Game-Day-Coach	8-845-Walk-Video 9-945-Fit & Strong 10-1045Zumba 11-1145-Move-Fit 12-1245-Men-Fit			

Time	Monday	Tuesday	Wednesday	Thursday	Friday
To participate in "Aquatic" activities you must register sign a waiver of liability You must also attend/view a pool orientation video on safety and guidelines	IMPORTANT You must shower before entering the pool. You must wear appropriate swimwear/water shoes. NO bandages or open sores/wounds		IMPORTANT No Free-Swimming during Lap Swimming Period		Swim lessons taught by Mr. Booker & Tyler
NO LIFEGUARD ON DUTY! SWIM AT YOUR OWN RISK!!!					
WED-1			THU-2		FRI-3
730am-9am LAP SWIM (MUST ATTEND LAP SWIM ORIENTATION)					
9am-1030am Swim Lessons w/ Mr. Booker (in designated area) 9am -1050am Free Swim					
11am-12pm Aqua Aerobics w/Tyler			11am-12pm Aqua Aerobics w/Tyler		Pinnacle Senior Center Closed for Good Friday
12pm-2pm Free Swim			2pm-3pm Aqua Aerobics w/Tyler		
2pm-3pm -Aqua Aerobics w/Tyler			3pm-350pm Free Swim & Swim Lessons w/ Tyler (ADVANCED)		
3pm-350pm Free Swim & Swim Lessons w/ Tyler (ADVANCED)			3pm-350pm Free Swim		
MON-6		TUE-7		WED-8	
730am-9am LAP SWIM (MUST ATTEND LAP SWIM ORIENTATION)					
9am-1030am Swim Lessons w/ Mr. Booker (in designated area) 9am -1050am Free Swim					
11am-12pm Aqua Zumba w/Sandi	11am-12pm Aqua Aerobics w/Tyler	11am-12pm Aqua Aerobics w/Tyler	11am-12pm Aqua Aerobics w/Tyler	11am-12pm Aqua Zumba w/Sandi	
12pm-345pm Free Swim	12pm-2pm Free Swim		2pm-3pm Aqua Aerobics w/Tyler	2pm-3pm Aqua Aerobics w/Tyler	12pm-345pm Free Swim
2pm- 3pm Swim Lessons w/ Tyler (BEGINNER)	2pm-3pm Aqua Aerobics w/Tyler	2pm-3pm Aqua Aerobics w/Tyler	3pm-345pm Free Swim & Swim Lessons w/ Tyler (ADVANCED)	3pm-345pm Free Swim	2pm- 3pm Swim Lessons w/ Tyler (INTERMEDIATE)
MON-13		TUE-14		WED-15	
730am-9am LAP SWIM (MUST ATTEND LAP SWIM ORIENTATION)					
9am-1030am Swim Lessons w/ Mr. Booker (in designated area) 9am -1050am Free Swim					
9am-1030am Swim Lessons w/ Mr. Booker (in designated area) 9am -1050am Free Swim	9am -930am Free Swim	9am-1030am Swim Lessons w/ Mr. Booker (in designated area) 9am -1050am Free Swim		9am -1050am Free Swim	
11am-12pm Aqua Zumba w/Sandi	Aquatic Center Closed at 945am	11am-12pm Aqua Aerobics w/Tyler	11am-12pm Aqua Aerobics w/Tyler	11am-12pm Aqua Zumba w/Sandi	
12pm-345pm Free Swim	12pm-2pm Free Swim		2pm-3pm Aqua Aerobics w/Tyler	2pm-3pm Aqua Aerobics w/Tyler	12pm-345pm Free Swim
2pm- 3pm Swim Lessons w/ Tyler (BEGINNER)	Houston Food Bank 1pm-3pm	3pm-345pm Free Swim & Swim Lessons w/ Tyler (ADVANCED)	3pm-345pm Free Swim	2pm- 3pm Swim Lessons w/ Tyler (INTERMEDIATE)	
MON-20		TUE-21		WED-22	
730am-9am LAP SWIM (MUST ATTEND LAP SWIM ORIENTATION)					
9am-1030am Swim Lessons w/ Mr. Booker (in designated area) 9am -1050am Free Swim					
11am-12pm Aqua Zumba w/Sandi	11am-12pm Aqua Aerobics w/Tyler	11am-12pm Aqua Aerobics w/Tyler	11am-12pm Aqua Aerobics w/Tyler	11am-12pm Aqua Zumba w/Sandi	
12pm-345pm Free Swim	12pm-2pm Free Swim		2pm-3pm Aqua Aerobics w/Tyler	2pm-3pm Aqua Aerobics w/Tyler	12pm-345pm Free Swim
2pm- 3pm Swim Lessons w/ Tyler (BEGINNER)	2pm-3pm Aqua Aerobics w/Tyler	2pm-3pm Aqua Aerobics w/Tyler	3pm-345pm Free Swim & Swim Lessons w/ Tyler (ADVANCED)	3pm-345pm Free Swim	2pm- 3pm Swim Lessons w/ Tyler (INTERMEDIATE)
MON-27		TUE-28		WED-29	
730am-9am LAP SWIM (MUST ATTEND LAP SWIM ORIENTATION)					
9am-1030am Swim Lessons w/ Mr. Booker (in designated area) 9am -1050am Free Swim					
11am-12pm Aqua Zumba w/Sandi	11am-12pm Aqua Aerobics w/Tyler	11am-12pm Aqua Aerobics w/Tyler	11am-12pm Aqua Aerobics w/Tyler		
12pm-345pm Free Swim	12pm-2pm Free Swim		2pm-3pm Aqua Aerobics w/Tyler	2pm-3pm Aqua Aerobics w/Tyler	
2pm- 3pm Swim Lessons w/ Tyler (BEGINNER)	2pm-3pm Aqua Aerobics w/Tyler	2pm-3pm Aqua Aerobics w/Tyler	3pm-345pm Free Swim & Swim Lessons w/ Tyler (ADVANCED)	3pm-345pm Free Swim	
VolunteerSwimInstructor Booker Canty		AquaZumbaInstructor Sandra Patterson		Aqua FitnessCoordinator and Instructor Tyler Shannon	

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Fort Bend County Parks & Recreations





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April 2026 Calendar Schedule

Please make sure you sign in at the front desk daily! Participation in Pinnacle Programs requires a registration form and signed liability waiver. For updates, ask about our monthly Email-Blast and Remind101 text reminders.

(AUD)- Auditorium/Exercise Gym	Library			(MTR) Multi-Purpose Room	
Wk-1	MON-	TUE-	WED-1	THU-2	Friday-3
800-900AM				Quilting Bee 9-3PM	Pinnacle Senior Center
900-10AM				Avoiding Scams & Schemes - Library	Closed
1000-11AM					In Observance of Good Friday
1100-12PM					
12PM-1PM					
1PM-2PM			Bid Whist 1-4PM		
2PM-3PM					
3PM-4PM					
	MON-6	TUE-7	WED-8	THU-9	FRI-10
800-900AM					
900-10AM					
1000-11AM	The Mix Book Club - Library	Tech Tuesday		Black-Out Poetry - Library	
1100-12PM		Greater Works Bible Study			
12PM-1PM				Mahjong Open Play	
1PM-2PM	Bid Whist 1-4PM	Bridge 1-3PM	Bid Whist 1-4PM	12-3PM	
2PM-3PM					
3PM-4PM					
	MON-13	TUE-14	WED-15	THU-16	FRI-17
800-900AM					
900-10AM		Houston Food Bank 1-3pm Pinnacle Senior Center Will Close at 10AM and re-open at Noon			
1000-11AM				Clutter 2 Cozy Series - Library	
1100-12PM					Bingo 11AM-12PM Red Hat Society
12PM-1PM				Mahjong Open Play	12-3PM
1PM-2PM	Bid Whist 1-4PM		Bid Whist 1-4PM		
2PM-3PM					
3PM-4PM					
	MON-20	TUE-21	WED-22	THU-23	FRI-24
800-900AM			ART & Meditation	Quilting Bee 9-3PM	
900-10AM			8-10AM	Houston Blue Bonnets 9-2PM	
1000-11AM		Medicarew/Karina		Felt-Flower Bookmark - Library	
1100-12PM		Greater Works Bible Study			
12PM-1PM					
1PM-2PM	Bid Whist 1-4PM	Bridge 1-3PM	Bid Whist 1-4PM		
2PM-3PM					
3PM-4PM					
	MON-27	TUE-28	WED-29	THU-30	FRI-
800-900AM					
900-10AM				Quilting Bee 9-3PM	
1000-11AM		Greater Works Bible Study	Birthday Celebration 10:45-11am	Digital Magazines - Library	
1100-12PM					
12PM-1PM					
1PM-2PM					WWSS 12-3PM
2PM-3PM	Bid Whist 1-4PM	Bridge 1-3PM	Bid Whist 1-4PM		
3PM-4PM					

 **FORT BEND COUNTY LIBRARIES**

APRIL 2026

THE PINNACLE SENIOR CENTER LIBRARY NEWSLETTER

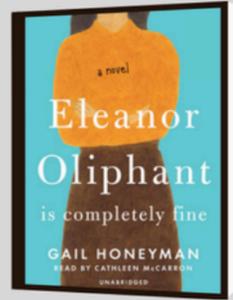
Hours & News

Programs & Events

HOURS

Mon	9 am	-	1 pm
Tue	9 am	-	1 pm
Wed	9 am	-	1 pm
Thu	9 am	-	1 pm
Fri	9 am	-	1 pm
Sat	CLOSED		
Sun	CLOSED		

THE MIX BOOK CLUB



April 6

STREAMING-VIDEO SERVICE

Visit our eLibrary for streaming movies, music, and audiobooks.
http://bit.ly/FBCL_AVOD

All Fort Bend County Libraries will be CLOSED Friday - Sunday, April 3 - 5, for the Holiday.

April 2 - (10:00 - 11:00 am)
Avoiding Common Scams and Schemes Online with Marla Jurek, of Brazos Valley Schools Credit Union

April 6 - (10:00 - 11:00 am)
The MIX Book Club
Eleanor Oliphant is Completely Fine, by Gail Honeyman

April 9 - (10:00 - 11:00 am)
Black-Out Poetry
 Learn how to use withdrawn books and some Sharpies to make awesome poetry.

April 16 - (10:00 - 11:00 am)
Clutter 2 Cozy Series: Digital Declutter
 Learn easy ways to sort and organize the files on your devices so everything is easier to find and your tech feels calm instead of chaotic.

April 23 - (10:00 - 11:00 am)
Felt-Flower Bookmark
 Learn how to use some thread and felt to make a lovely spring bookmark.

April 30 - (10:00 - 11:00 am)
Digital Magazines
 Learn how to use Flipster to access digital magazines!

BINGO *cize*

with Misty

Classes are on Mondays
& Wednesdays!

See all scheduled dates below!

APRIL DATES

01, 06, 08, 20,
22, 27, 29

MAY DATES

04, 06, 11, 13,
18, 20, 27

JUNE DATES

01, 03, 08, 10

Pinnacle
Multi-Purpose Room
9 am – 10 am

BingoCize® is a health promotion program that combines the game of bingo, nutrition discussion, and fall prevention exercises (seated or standing). BingoCize® is exercise for your body, mind, and spirit. Come join the

APRIL MARKET MONDAY!

Join us every Monday in April for **Market Monday** – a great time to shop, connect, and support local vendors!



Starting April 6, 2026
Every Monday in April



April 6 • April 13 • April 20 • April 27



8:00 AM – 1:00 PM



Pinnacle Senior Center
5525 Hobby Rd.
Houston, TX 77053



Shop local vendors, discover unique items, and enjoy the community!



TECHI

TUESDAY

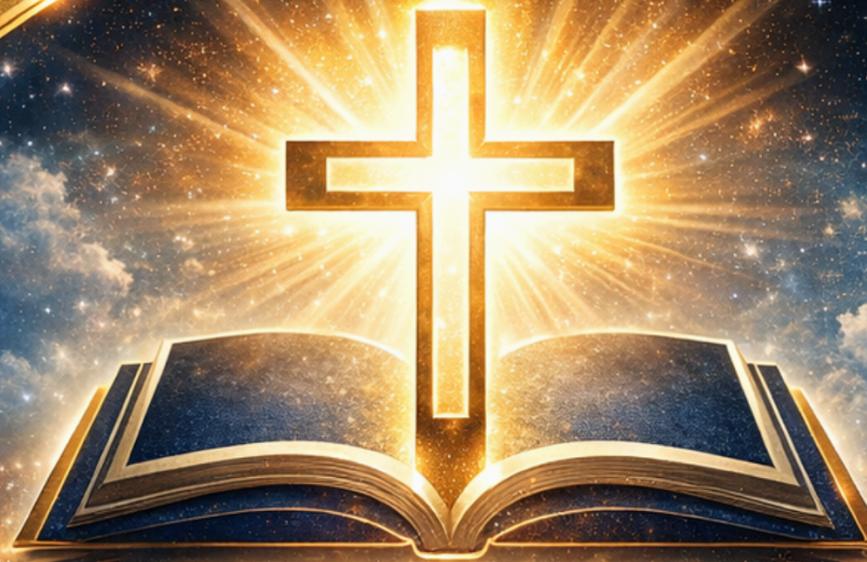
Join us April 07, 2026 at 10:00

Search 101 (Your Phone's Superpower)

Focus: Finding anything fast

What Students learn:

1. What search is
2. How to search for apps, contacts, and settings
3. Voice search (Siri/Google)



GREATER WORKS BIBLE STUDY & PRAYER MINISTRY

Tuesdays from 11am-Noon

@ The PINNACLE Senior Center

5525 Hobby Road,
Houston, TX 77053

All are Welcome to Join!

(You must be a registered patron.
To register, you have to be 55 years of
age and live in Fort Bend Houston)

BLUEBONNET GARDEN CLUB
— OF HOUSTON —
SPRING SALE!!

Don't miss out on your chance to purchase your favorite plants at a low cost.



Where: Pinnacle Senior Center
5525 Hobby Rd.

Date: April 17, 2026

Time: 9am – 1pm



CONSTABLE
DARYL L. SMITH, SR.

PRESENTS

BINGO PARTY



Friday
April 17, 2026
11am - 12pm

Pinnacle Senior Center
5525 Hobby Rd Bldg C,
Houston, TX 77053

Come out and enjoy fun games,
prizes, and yummy snacks

For more Information Contact:
Kindly Call 832-471-4172



Area Agency
on Aging
of the Houston-Galveston Area

Monthly MEDICARE WORKSHOP

Every 3rd Tuesday at 10 a.m.

Apr
21
2026

Every 3rd Tuesday at 10 a.m.

The Houston-Galveston Area Agency on Aging is funded by the Centers for Medicare and Medicaid Services and Administration for Community Living to provide unbiased assistance with Medicare.

CMS.gov
Centers for Medicare & Medicaid Services

Designed for Pinnacle Senior Center Community

SENIOR'S ART & MEDITATION

Painting, Crafting and
Meditation.

REGISTER NOW

(832) 471-2760

@ **Pinnacle Senior Center**

Date: Wednesday, April 22, 2026

Time: 8:00am- 10: 00am



Presented by:



Senior Box Distribution

(Commodity and Supplemental Food Program - CSFP)

The Houston Food Bank has commodity boxes of shelf stable food valued at \$50 retail from the USDA/TDA to distribute to qualified senior applicants.

Bring a cart to take your cheese/boxes home or to your vehicle.

Requirements for receiving Senior Box:

Be a resident of one of these counties: Harris, Montgomery, Galveston, Brazoria, Brazoria, Waller, Walker, Chambers, Liberty, Fort Bend

Be age 60 or older

Meet the following household income guidelines:

Household of 1: Monthly income does not exceed \$1,696

Household of 2: Monthly income does not exceed \$2,292



All applicants are subject to verify their age, residence, and household income.

Can't make it to the distribution?

Have your family or a friend pick up your Senior Box for you by following these instructions:

- Write a letter stating you give them permission and include a time frame the person is allowed to pick up your box (for example: today only or always)
- Sign and date that letter
- Send the designated person with the letter and some form of your ID (a copy or photo of your ID or your apple/ food bank card)
- Make sure the designated person also brings their own ID for verification
- Please bring your ID or Apple Card to pick up Senior Box

Need additional food assistance? Call the Houston Food Bank Helpline at 832-369-9390

PINNACLE SENIOR CENTER

TUESDAY, APRIL 14, 2026

1:00P.M- 3:00P.M

5525-C HOBBY ROAD

HOUSTON, TX, 77053

Distribución de Senior Box

(Programa Suplementario de Comestibles Básicos - CSFP)

El Banco de Alimentos de Houston tiene cajas de alimentos estables en almacenamiento valorados en \$50 de la USDA/TDA para distribuirlos a solicitantes mayores que califiquen.

Traiga una carreta para llevar la comida a su vehículo o a casa.

Requisitos para recibir Senior Box:

Ser residente de uno de estos condados: Harris, Montgomery, Galveston, Brazoria, Waller, Walker, Chambers, Liberty, Fort Bend

Tener 60 años o más.

Necesita cumplir con las siguientes pautas de ingresos familiares:

Hogar de 1 persona: El ingreso mensual no excede \$1,696

Hogar de 2 personas: El ingreso mensual no excede \$2,292



Todos los solicitantes están sujetos a verificar su edad, residencia e ingresos familiares.

¿No puede llegar a la distribución?

Pida que un familiar o amigo recoja su Senior Box siguiendo estas instrucciones:

- Escriba una carta indicando que les da permiso e incluya un período de tiempo en el que la persona puede recoger su caja de alimentos (por ejemplo: solo hoy o siempre).
- Firme y incluya la fecha en esa carta.
- Envíe a la persona designada con la carta y alguna forma de identificación (una copia o foto de su identificación o su tarjeta de manzana/banco de alimentos).
- Asegúrese de que la persona designada también traiga su propia identificación para la verificación.
- Traiga su identificación y tarjeta de manzana para recoger su Senior Box.

¿Necesita asistencia alimentaria adicional? Llame la línea de ayuda del Banco de Alimentos de Houston: 832-369-9390

PINNACLE SENIOR CENTER

TUESDAY, APRIL 14, 2026

1:00P.M- 3:00P.M

5525-C HOBBY ROAD

HOUSTON, TX, 77053

MAHJONGG

OPEN PLAY



 **Pinnacle Senior Center**

 5525 Hobby Road, Building C

 Every 2nd & 3rd Thursday

 12:00 PM - 3:00 PM

 getmoving@fithouston.org

All 55+ Players Are Welcome!
FREE!

APRIL BIRTHDAY CELEBRATION!



If your birthday is in **April**, please sign up for a special certificate from Constable **Daryl L. Smith, Sr.**

Wednesday
APRIL 29, 2026

Certificates will be presented by **Captain Christopher Garrett** on **April 29, 2026**

Suburban Houston-Fort Bend Alumnae Chapter
Delta Sigma Theta Sorority, Incorporated

In Partnership with
Thurgood Marshall High School
College, Career and Military Readiness Center

Community Family Fair

- ✓ FREE family-friendly community event
- ✓ FREE resources for all ages, including:
 - Education
 - Health & Wellness
 - Financial Literacy
 - Social Action & more
- ✓ FREE food, kid-friendly activities & door prizes!

Saturday, April 25, 2026
11 a.m. - 2 p.m.

Thurgood Marshall High School
1220 Buffalo Run
Missouri City, TX 77489



STAY CONNECTED

Stay connected with the Pinnacle Senior Center
by following us on Facebook.

Stay informed and engaged with updates on upcoming
events, class schedules, special programs, and important
announcements.



Follow Us on Facebook



The Pinnacle Senior Center of Fort Bend County